



CURRICULUM VITAE

Mary Winn, LCSW, Licensed Therapist, CHt, RRT/RTR
Founder, Therapy With Mary
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LICENSURE

- Licensed Clinical Social Worker (LCSW) #SW 10583
- Certified Clinical Hypnotherapist (CHt)
- Certified Rapid Resolution Therapy™ (RRT)
- Certified Rapid Trauma Resolution™ (RTR)
- Certified Workshop Leader for The Seven Principles for Making Marriage Work

PROFESSIONAL EXPERIENCE

Owner/Therapist, 2011- Present
Therapy with Mary, Wellington, FL

Program Therapist and Admission Assessment Specialist, 2009 - 2012
Delray Medical Center, Fair Oaks Pavilion – Psychiatric and Detox Hospital, Delray Beach, FL

Licensing Specialist, 2008 - 2009
Kids In Distress, Ft. Lauderdale, FL

Primary Therapist, 2008 - 2009
Stepping Stones at House of Hope – Substance Abuse and Mental Health Facility, Ft.
Lauderdale, FL



Aftercare Coordinator, 2007 - 2008
Renfrew Center for Eating Disorders, Coconut Creek, FL

Primary Therapist, 2006 - 2007
Behavioral Health of the Palm Beaches, West Palm Beach and North Palm Beach, FL

MEMBERSHIPS / AFFILIATIONS

- Wellington Chamber of Commerce Member
- Women of Wellington Chamber Member
- Florida Atlantic University Alumni Association Member

EDUCATION

Master's Degree, Clinical Social Work, 2005 – 2008

Florida Atlantic University

- Activities and Societies: Golden Key International Honour Society, Psi Chi – The National Honor Society In Psychology, The Honor Society of Phi Kappa Phi, National Association of Social Workers (NASW)
- Honors: Grade High Honors

Bachelor of Arts Degree, Psychology, 2004

Florida Atlantic University

- Activities and Societies: Golden Key International Honour Society, Psi Chi – The National Honor Society In Psychology, The Honor Society of Phi Kappa Phi, National Association of Social Workers (NASW)
- Honors: Magna Cum Laude

MEDIA PUBLICATIONS

1. Country Club Living Magazine, *Why New Year's Resolutions Fail*, February, 2018
2. Country Club Living Magazine, *Study Shows Generous Behavior Leads to Increased Happiness*, January, 2018
3. Country Club Living Magazine, *Behavioral Health... The Body Mind and Spirit Connection*, December 2017.
4. Country Club Living Magazine, *Relationship Issues... Get Help with Your Relationship*, November 2017.
5. Country Club Living Magazine, *Overcome Self Criticism and Insecurity... Reduce Anxiety and Self Doubt*, October 2017.
6. Country Club Living Magazine, *Struggling with Weight Loss... Break Hidden Patterns, Take Back Control*, September 2017.
7. Country Club Living Magazine, *Grief and Loss. Get the Help You Deserve and Come Through Strong*, August 2017



8. Country Club Living Magazine, *Overcome Anxiety and Fear. Enjoy Feeling Peaceful and Calm*, July 2017.
9. Country Club Living Magazine, *Irrational Anger – Controlling it the Easy Way*, June 2017.
10. Country Club Living Magazine, *Low Self Esteem. Remove the Fear and Embrace Life*, May 2017.
11. Country Club Living Magazine, *Clinical Hypnosis – Enhancing Your Therapy Experience*, April 2017.
12. Country Club Living Magazine, *Let Go of Your Struggles Once and for All*, March 2017.

VOLUNTEER WORK

Research Assistant

Florida Atlantic University

- Research Assistant to Nancy Aaron Jones, Ph.D., Associate Professor of Psychology and Biomedical Sciences
- Topic: Developmental Psychology. I worked closely with Dr. Nancy Jones on her research project, contributing to the implementation of the project; working to gain cooperation from research participants, and administering assessments to adult participants.

Victim Advocate Volunteer

Palm Beach County Victim Services

- Located within the Palm Beach County Department of Public Safety, Victim Services is independent of, but works closely with, the 15th Judicial Circuit Office of the State Attorney and Law Enforcement Agencies. For 32 years Victim Services has been providing comprehensive services to primary and secondary victims of sexual violence, domestic violence, homicide and other violent crimes.
- As a Victim Advocate volunteer, I worked with Victim Services, helping victims of sexual violence and domestic violence. My work included accompanying victims to court, providing information on the services available to them, and providing moral support through the process.

Mentor

Listen to Children – Mental Health Association of Palm Beach County, Inc.

- As a trained volunteer in the elementary school setting I provided confidential one-on-one listening sessions with children who have been identified by their teachers as needing extra help due to family problems such as divorce or death, isolation, low self-esteem, or other behavioral clues.
- Each child is seen once a week for 30-40 sessions, where they have an opportunity to openly share their feelings, learn coping skills, improve on their academic studies and develop a more positive outlook on self.
- Data from our partnered schools have demonstrated that the students improve in their academics, behavior and self-esteem. As a mentor, I often served as a referral source for the child and their family, learning of their most basic needs through these one to one

meetings. As a mentor, I also modeled those socially acceptable behaviors that the child may not witness within their own homes yet are reinforced by a caring and available adult.

Volunteer

Café Joshua (Now a Part of The Lord's Place)

At the time of my volunteer work with Cafe Joshua, Café Joshua was a reservation restaurant and social service program for the homeless. While volunteering at Cafe Joshua, I saw a need for, and developed, computer based programs for the clients of Café Joshua.

Once the computer programs were in place, I worked individually with the clients, teaching them how to use a personal computer, and how to use their new computer skills and the GED software, to study on their own for the GED test.

Volunteer

The Children's Place

The Children's Place is part of The Children's Place at Home Safe, a Palm Beach County United Way organization. The Children's place provides 24-hour residential and community based services to children and families impacted by child abuse, neglect, substance abuse and HIV/AIDS. My work with the children took place in a boy's residence, where I would spend time with the boys after school, helping them with homework, playing games, and various other activities.

Volunteer

Covenant House

The Covenant House provides services for homeless teenagers. Services include food and lodging, counseling, school and job placement, and addiction treatment. After their evening counseling, I would take a group of teens on an activity outing. This activity would serve two purposes: to provide entertainment for the teens, while helping them develop interpersonal skills and acceptable behavior when out in public.

Literacy Tutor

Laubach Literacy Program

One in seven adults in Palm Beach County is unable to read and understand information found in books, newspapers and manuals. As a trained Literacy Tutor, I met one on one twice weekly with adults, helping them improve their literacy skills.